

Individual Family Support for Families:

The Children and Family Centre offers family support to Aboriginal and Torres Strait Islander mums, dads and kids.

Our skilled support team is made up of family support workers, early childhood educators and a child health worker who work alongside families through one-on-one home visiting, family support, parenting strategies, school advocacy, linking in with community agencies and the wider Wuchopperen community. If you would like to speak to one of our support workers, please phone our office and ask to speak to our intake officer.

Playgroups:

Playgroup supports families to play, learn, interact and grow with each other and to meet other families in a fun and relaxed environment.

Come Yarn and Craft:

A warm welcoming environment for mothers and fathers to do art and craft activities and have a yarn with other parents.

Circle of Security (COS):

A relationship based parenting program to help you understand your child's emotional world and strengthen skills in observing and connecting with your child.

Positive Parenting Program (Triple P):

The program aims to help our mothers, fathers, family and carers to understand how we can help our children grow, teach them right from wrong, help them to develop respect, and have strong family relationships.

Parenting Under Pressure (PUP):

Parenting Under Pressure promotes a nurturing environment for families. This strength-based program supports parents to build positive and secure relationships and increase family functioning.



If you are interested in any of the programs available at Wuchopperen's Children and Family Centre, please phone our office and ask to speak with our friendly team.

6 Moignard Street, Manooora QLD 4870

PO Box 878, Manunda QLD 4870

P: (07) 4080 1000

F: (07) 4032 4962

7 Stokes Street, Edmonton QLD 4869

PO Box 486, Edmonton QLD 4869

P: (07) 4040 3100

F: (07) 4040 3199

Opening Hours

Mon, Tues, Thurs, Fri - 8.30am to 5.00pm

Wed - 8.30am to 1.00pm

enquiries@wuchopperen.org.au
wuchopperen.org.au



Children and Family Centre

Building strong and healthy families



Keeping Our Generations Growing Strong

CHILDREN AND FAMILY CENTRE

*Note - Timetable due to change each Term

Remember we have Playgroup during the school holidays!

MONDAY

Manoora Playgroup
Manoora Community Centre
9:30am - 11:30am

Some fun activities for families to play with their children. Murray Street Community Centre, Cnr Murray & Marchant Streets, Manoora.
All families are welcome!



Morning tea is provided in all our programs

TUESDAY

Playgroup (0-5 Years)
Children and Family Centre, Playroom
10:00am - 12:00pm

A morning of fun activities for families to engage with their children that they can take home. Eye/Ear and speech screening available.
All families are welcome!



Kindergarten gives your child the best start to schooling

WEDNESDAY

Positive Parenting Program (Triple P)
Children and Family Centre, Meeting Room
10:00am - 12:00pm

Please contact CFC if you are interest in this program

Triple P is a parenting intervention with goals of increasing the knowledge, skills and confidence of parents and reducing the prevalence of mental health, emotional and behavioural problems in children

If you require transport to and from any of our programs, please see reception to book. 24 hours notice is required



THURSDAY

Circle of Security Parenting Program
Children and Family Centre, Meeting Room
10:00am - 12:00pm
Starting 14th Feb

This is an 8 week parenting program that aims to help parents understand what attachment is and how it affects how we parent.

Adjunct Care also provided for programs



We also provide family support

FRIDAY

Bubs Playgroup
Children and Family Centre, Playroom
10:00am - 12:00pm

A morning of fun activities for parents with young children aged between 0-2 years.

Come Yarn & Craft
Children and Family Centre, Playroom
1:00pm - 2:30pm

A welcoming environment to come have a yarn while doing some fun craft activities.

Is your child up to date with their health checks and immunisations?

Keeping Our Generations Growing Strong