

CHILDREN AND FAMILY CENTRE

Term 4 Timetable - 9th October to 8th December 2023

Programs for Aboriginal & Torres Strait Islander Families-*Morning tea provided. Adjunct care available.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Infant Massage 10:00am - 12:00pm</p> <p>Promotes nurturing, touch and communication that benefits both parent and baby.</p> <hr/>	<p>Playgroup 10:30am - 12:30pm</p> <p>Early Years activities that benefits both children and their parents in a supportive, fun environment.</p> <hr/>	<p>Come Yarn and Craft 9:30am - 11:30am</p> <p>A welcoming space to have a yarn and engage in fun craft activities.</p> <hr/>	<p>Faft Program/ Kindy Connect 9:30am - 11:30am</p> <p>(Families as First Teachers) program provides Early Years activity packs to support parents to be child's first teacher and participate and learn together.</p> <p>(Kindy Connect) To assist preparing your child for kindergarten that is fun and educational for your child through learning and exploring.</p> <hr/>	<p>Outreach Playgroup 9:00am - 11:00am</p> <p>Cairns West State School</p> <p>Early Years activities that benefits both children and their parents in a supportive, fun environment.</p> <hr/>
<p>Positive Parenting Program (Triple P) 1:00pm - 2:30pm</p> <p>Parenting program which gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behaviour, and prevent problems developing.</p>	<p>Bama Meriba Buai 10:00am - 12:00pm</p> <p>Is a fatherhood program from the heart teaching holistic life principles and practices to cope with everyday issues.</p>		<p>Circle of Security Parenting Program (COS) 1:00pm-2:30pm</p> <p>Parenting program that aims to help parents understand attachment and how to strengthen skills to how we parent.</p>	

Read and Play is a program that supports parents to participate in their young child's early literacy learning by providing resources and training delivered to family homes.

Mangrove Building, Wuchopperen, 6 Moignard Street Manoora

Bookings for all programs is required, please contact us or drop in for a visit.

Contact us: | cfc@wuchopperen.org.au | (07) 4080 1159 | www.wuchopperen.org.au |

